



Committee Members

Chairman - David Gilbert-Hill
Secretary - Glyn Stokes
Treasurer - Hazel McDowell
Membership - Bruce McDowell
Groups - Maureen Fletcher
Speakers - Liz Elmore
Catering - Ann Reynolds

LIVE
LAUGH
LEARN
(TOGETHER)

Ramsey U3A Officers

Welfare Officer - Fran Holland
Catering Assistant - Henry Shaw

Publicity Officers

Enid Hubbard: Aspire
publicity@ramseyu3a.org.uk
Jane Cusworth: Newsletter
jcusworth@btinternet.com
Sheila Gilbert-Hill: Website
www.ramseyu3a.org.uk

NEXT MEETING - Tuesday 10th January

Brian Bignell - In my Life — The 60s Music Scene

An interactive journey with music tracks

General Meeting—Tuesday 13th December

A Christmas Barrel of Success

What an amazing afternoon was had by all. The Community Centre was full of smiling, chattering u3a members, friends and family. Our honoured guests were the President of Rotary and the Deputy Mayor of Ramsey. Laughter was forthcoming in abundance from the audience as the Thespians performed at their very best.

Credit must also be given to our pianist Jackie Southwell, our sound team who had to rebuild the Centre’s sound system before we could start, and our costume and property department who excelled themselves with hats and capes, chains and boxes. At 3 pm the final bows were taken to much applause from the audience and plaudits from Bruce McDowell.

Mince pies and tea was enjoyed by the milling throng and many compliments paid by the audience on what was a wonderful start to the festive season.

VOLUNTEERS NEEDED

If you feel you could help to run a group, please speak with Maureen Fletcher, our Groups Coordinator, or any of the committee. We also need volunteers to step in when leaders feel it is time to step down after many years of loyal service. Sadly, some very well-supported groups have had to close in the past as no-one was willing to take on the leadership. Help and support is always available and it doesn't have to fall to just one person to do this. If you feel this is you - please make yourself known to the committee.

The core principle of the u3a is 'self-help learning' and 'mutual aid' indicating that members are invited to work together to make things happen.

The opportunity to sign-up for an activity group is always available, although some have a waiting list, and this can be done by contacting the Groups Coordinator (who always updates us on activity news at the general meetings), the leader of the activity group or to put your name on the sign-up sheet at a general meeting. Joining an activity group is a wonderful way of getting to know other members in a less formal atmosphere and can help to keep our minds active, our bodies fit, and provide the opportunity to use our talents to help support other charities by donating items we make or even making members laugh by performing as a Thespian.

Thursford Christmas Spectacular

Nineteen Ramsey & District members joined the Dews coach for a wonderful outing to the Thursford Christmas Spectacular on the 6th December. Such an amazing way to start Christmas. The lights, the music, the dancing girls, the comedian, the acts, the organist (who used to play at the Blackpool Tower) and the doves. Three hours of pure entertainment full of laughter and merriment. The lights display in the gardens on departing was amazing and presented a photo opportunity for members of the digital camera group who were there.

TRAVEL NEWS - 2023 DAY TRIPS

Thursday 20th April - Royal Botanic Gardens, Kew. The price will be £45 per person and will include Dews coach to London and admission. £10 non-refundable deposit will be required to book your place. Please give this day trip your support as there is so much to enjoy at Kew.

Thursday 6th July—Houses of Parliament & Thames River Cruise—FULLY BOOKED

The price will be approximately £55 per member. This will include Dews coach to London, tour of the Houses of Parliament and river cruise up to Greenwich. £10 non-refundable deposit will be required to book your place.

Thursday 19th October - Bletchley Park & National Museum of Computing. The price will be £41 per person (subject to confirmation nearer the date) to include Dews coach and admission to Bletchley Park. For those interested in visiting the Museum, entrance of £7.50 is to be paid on the day but booking is recommended. Deposits will be taken at the January meeting.

National & Regional News

Esther Rantzen in the Daily Mail

"u3a is full of people who want to learn new things, or even teach. They join because they are still learning, or they enjoy teaching other people. And, incidentally, they find a group of like-minded people and find themselves with a whole new community.

Of course, it takes courage to reach out and join something. But try to focus not on feeling lonely, but on what you'd like to achieve."



Have you ever wanted to Line Dance? Or maybe you used to Line Dance when you were younger. Well now is your opportunity to have a go. A **LINE DANCE** group has been suggested to be held on the 2nd and 4th Thursday of each month at 10-11.30am to start January/February 2023. If you are interested, please contact Maureen Fletcher on 01487 811905 for more details or sign up at the January general meeting.

TRAVEL NEWS - 2023 HOLIDAY

June 5th–9th : COTSWOLDS £619 per person (£145 single supplement)

To include 5 days coach hire, bed, breakfast and evening meal, guided tour of Hereford Cathedral, Wye Valley Brewery Tour, journey on the Gloucester Warwickshire Railway, Guided tour of Sudeley Castle and entrance to Tintern Abbey. Staying at the Holiday Inn, Gloucester. Sign-up sheet and further details at general meeting or email Jane (jcusworth@btinternet.com)

September : BUXTON, DERBYSHIRE (price and details to be confirmed 2023)

For more information, visit our website: www.ramseyu3a.org.uk

JOKES

Two windmills are standing on a wind farm. One asks, "What's your favourite kind of music?" The other replies, "I'm a big metal fan."

Why were they called the dark ages? Because there were a lot of knights.

Did you hear about the cheese factory that exploded in France? There was nothing left but de Brie.

As a scarecrow, people say I'm outstanding in my field. But hay, it's in my jeans.